



AGE

WHO GIVES A HOOT? WE DO?



WISDOM

ROCKWOOD SENIORS CLUB

2012

“MOMENTS“


vol.3

A special newsletter published for the Rockwood Seniors, the 50 plus age group of Unit 303 members, who meet regularly at 341 WILTON ST, WPG, MB R3M 3B8

JUNE 6 2012 ROCKWOOD SENIORS OPEN HOUSE

The Rockwood Seniors Executive welcomes you, our comrades from the other units/branches, to the club and hope that you enjoy the camaraderie, food, beverage, activities and music by 2 For The Show.

*A special thanks to Karen Foster and her helpers for planning this Open House and you will be able to thank them as they serve food, sell tickets on the bottles and generally keep the activities rolling. **Karen’s Helpers** Kathy Leopkey, Andy Gallant, Annette Nowe, Evelyn Gariepy, Gerry MacNeal, Pat Gibson plus anyone else who I might have missed, We would also like to thank the following sponsors who contribute to the Rockwood Seniors and have helped to make this Open House a success.*

 <p>COMPU <i>smiles</i> DENTURE CLINIC D.L. Hicks, Denturist 4 8 7 - 7 2 3 7</p>	<p>Jo-An'S Tours “Touring With The Stars” Po.Box 49094 Garden City Wpg. MB R2V 4G8 Call Jo-An Ph.586-8012</p>
<p>B&B Tours Call Bruce or Brenda 661-0971</p>	



JUNE 6 1944

It would be remiss of us not to remember the many young men and women who took part in D – DAY. This was an open house, named Overlord, which was much more significant in that it opened the door to Europe for the Allies. This first step eventually took the allies to the defeat of the Axis powers and victory in Europe in May 1945. To all of these people and the many who have served Canada over the years on Land, Sea and in the Air no number of words could express our gratitude better than. THANK YOU.



SENIORS MONTHLY MEETINGS

Over the past year we have had a varied program on a monthly basis with musical interludes by Orest Dobinsky and special presentations by Veterans Affairs and the Heart & Stroke Foundation.

Our May 14th meeting provided a very interesting presentation by Krystal Simpson (pictured on the left) of Lifeline who emphasized the need, as we get older, to have an emergency contact point.

There were a number of attendees who are Lifeline users and I am sure more of us will be doing a follow up on their services.

Lifeline contact Krystal @ 204-956-6768 or 1-888-722-5222

SHUT INS

A Big hello to all of you, we wish you a speedy recovery and hope to see you in the near future. To the other members please advise Bill Hunter if you know of anyone who could use a visit to boost their spirits.

ANNIVERSARIES & BIRTHDAYS

Congratulations on reaching another milestone in your life and remember "It is just first day of another 365 day trip around the sun "SO ENJOY THE TRIP

ACCESS TO A COMPUTER got to www.303rockwood.com

To check out the unit activities, latest MOMENTS, FLASH, BULLET IN etc.

EVENTS FOR YOUR 2012 CALENDARS

Rockwood SENIORS

**Executive Meeting June 7 @ 1 pm. None in July and August NEXT Sep 6 @ 1 pm.
General Meeting none in June, July and August NEXT Sep 10 @ 1:30 pm.**

CANADA DAY

Sunday July 1 2012

The unit is planning a full day of celebrations from (9 am to 10 pm. The details will be posted on the web site, bulletin board and the table toppers ASAP.

Be sure to fit CANADA DAY at the Rockwood into your plans.

ON THE LIGHTER SIDE As a senior citizen

I'm wondering, if you're only as old as you feel, how could I be alive at 150?

I'm a walking storeroom of facts... I've just lost the key to the storeroom

Editors note

Any views or opinions expressed in MOMENTS are the writers and does not reflect on the SENIORS, Unit 303 or their executives. Articles, suggestions and any other comments for MOMENTS should be submitted in writing, including contact information, to the editor.

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